

Needed

Local Sponsoring Agencies

The Older Volunteer Service Bank program is expanding to serve more Missouri communities. To facilitate further expansion, local agencies are being sought to sponsor the program in their communities. These local groups might include:

Hospital Auxiliaries

Hospice Programs

Churches and Civic Groups

RSVP Agencies

Home Health Providers

In-Home Provider Agencies

Area Agencies on Aging

Social Service Agencies Providing Services to Older Persons

Community Action Agencies/Organizations

County Councils on Aging

Senior Centers

Your organizational stamp here



If you would like further information,
contact:

**Missouri Department of Health and Senior Services
Division of Senior Services
P.O. Box 1337**

**Jefferson City, MO 65102-1337
(573) 751-3082 or (800) 235-5503**

**TDD: 1-800-735-2966
Voice: 1-800-735-2466**

** An Equal Opportunity/Affirmative Action Employer**
All Services Provided on a Nondiscriminatory Basis

Respite Care

**OLDER VOLUNTEER
SERVICE BANK**

PROVIDE

respite as a Volunteer

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RECEIVE

respite as a Caregiver

•

SUPPORT

respite as a Sponsoring Agency



1-800-235-5503

THE OLDER VOLUNTEER SERVICE BANK

The Older Volunteer Service Bank encourages people to volunteer (through an approved agency) to provide respite services for caregivers who regularly care for dependent older or disabled adults.

Hours of volunteer service are credited through a computerized registry. These hours may be drawn at no cost when the volunteers, their families or other designated seniors need similar services in the future.

3 Respite Care is time well-spent.

Respite Care is a service that provides temporary relief to caregivers of home-bound people, allowing them time to relax and regain their strength to continue providing needed care. It may also prevent premature placement of a frail individual in a nursing home or hospital.

WANTED: *Volunteers Who Care*

Jack Smith looked forward to his retirement— a time to travel with his wife, go fishing, or just put his feet up and read a good book. Shortly after he retired, Jack's wife, Clara, was diagnosed with Alzheimer's disease. Before her illness, Clara was an active woman, caring for her family and serving the community. For several years she had been an OVSB respite care volunteer and had earned credit hours for the respite care she provided to people in need. At the time, Clara did not know who in her family would benefit from this credit; she just knew providing respite care for others in her town was needed and she enjoyed helping others.

Lately Jack has been wearing down. He tries to provide all the care his wife needs, but he is

exhausted. Jack contacted the agency Clara had volunteered for and explained his situation. The agency was able to match Mr. Smith up with a respite volunteer for Mrs. Smith.

The respite volunteer makes a big difference for Jack. The help of the volunteer means he has a little time to himself. He can regain his former independence, renew his companionship with good friends, and recapture his energy to provide the type of care he knows his wife deserves.



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